Slice of Happy Joe's Morning Offerings Nutritional Information			Calories	Fat Calories	Total Fat g	Sat Fat g	Trans Fat g	Cholesterol mg	Sodium mg	Total Carbs g	Fiber g	Sugars g	Protein g	Vitamin A %	Vitamin C %	Calcium %	Iron %
Omelet Pizzas																	
	pan crust																
Denver	LJ	14cut	62	27	3	1	0	14	96	5	0	0	2	2	4	2	2
Denver	Sm	14cut	95	32	4	1	0	28	166	9	1	1	3	3	6	3	4
Denver	Med	21 cut	113	37	4	2	0	26	203	11	1	1	4	4	8	4	4
Denver	Lg	21 cut	172	56	6	3	0	39	302	17	1	1	6	6	12	6	6
Bacon & Bacon	LJ	14cut	54	19	2	1	0	15	107	5	0	0	2	1	1	2	2
Bacon & Bacon	Sm	14cut	102	37	4	2	0	31	214	9	1	1	4	3	1	3	4
Bacon & Bacon	Med	21 cut	119	42	5	2	0	29	246	11	1	1	5	3	2	4	4
Bacon & Bacon	Lg	21 cut	182	63	7	3	0	44	377	17	1	1	7	5	3	6	7
3 Meat	LJ	14cut	56	20	2	1	0	16	133	5	0	0	2	2	1	2	2
3 Meat	Sm	14cut	104	38	4	2	0	31	216	9	1	1	4	3	1	4	4
3 Meat	Med	21 cut	116	40	4	2	0	29	226	11	1	1	4	4	2	4	4
3 Meat	Lg	21 cut	177	60	7	3	0	43	336	17	1	1	6	5	3	6	7
Scrambler																	
Joe's Original		1 serving	505	221	25	11	1	376	1530	39	3	6	27	22	14	43	11
Denver		1 serving	543	245	27	12	1	379	1669	41	4	7	29	23	28	43	12
Western		1 serving	512	221	25	11	1	376	1498	41	4	6	27	24	44	43	13
										41							
Others																	
Breakfast Burrito		1 serving	343	192	21	9	1	255	1235	14	1	3	18	15	12	26	12
Cinnamon Rolls w/icing		1 roll	563	210	23	8	4	35	921	78	2	34	9	12	0	4	15

Happy Joe's Flatbread Nutritional Information

		Calories	Fat Calories	Total Fat g	Sat Fat g	Trans Fat g	Cholesterol mg	Sodium mg	Total Carbs g	Fiber g	Sugars g	Protein g	Vitamin A %	Vitamin C %	Calcium %	Iron %
Flatbread																
Alfredo Chicken pesto	**whole flatbread**	721	402	45	19	0	121	2030	46	4	10	38	32	119	60	22
Asian Chicken & Pineapple	**whole flatbread**	530	163	18	7	0	68	1836	66	2	32	30	33	57	39	18
BBQ Chicken, Cilantro & Bacon	**whole flatbread**	568	213	24	9	1	75	2286	55	3	21	36	27	20	40	20
Mediterranean Chicken	**whole flatbread**	660	358	40	19	0	131	2097	40	3	7	38	42	9	64	22
5 Cheese & Tomato Basil	**whole flatbread**	454	211	23	10	0	52	1311	38	3	6	25	27	21	56	16
Bacon bacon Omelet flatbread	**whole flatbread**	951	461	51	24	0	432	3303	44	1	9	47	46	3	66	23

Gluten free slice

Slice of Happy Joe's Gluten Free Nutritional Information				Calories	Fat Calories	Total Fat g	Sat Fat g	Trans Fat g	Cholesterol mg	Sodium mg	Total Carbs g	Fiber g	Sugars g	Protein g	Vitamin A %	Vitamin C %	Calcium %	Iron %
Specialty Pizzas	**Size**	**Gluten Free**	**Slice**															
BBQ	9"	Gluten Free	Slice	97	35	4	2	0	20	437	15	1	5	5	5	4	9	2
BLT	9"	Gluten Free	Slice	111	62	7	2	0	24	376	12	1	3	6	7	5	9	3
Chicken Bacon Ranch	9"	Gluten Free	Slice	101	101	13	3	0	24	453	11	0	1	5	2	0	10	1
Chicken Hot Wings	9"	Gluten Free	Slice	115	69	8	2	0	22	639	10	0	1	5	7	0	8	1
Combo	9"	Gluten Free	Slice	127	57	6	3	0	25	416	12	1	2	6	5	9	11	3
Combo Plus	9"	Gluten Free	Slice	132	60	7	3	0	27	440	12	1	2	6	5	7	12	3
Happy Joe's Special	9"	Gluten Free	Slice	110	41	5	2	0	26	426	12	1	2	6	4	4	10	3
Hawaiian	9"	Gluten Free	Slice	111	41	5	2	0	26	379	12	1	2	6	4	4	10	2
Meatworks	9"	Gluten Free	Slice	144	70	8	3	0	29	505	12	1	2	7	5	3	11	3
Sandies Delight	9"	Gluten Free	Slice	122	53	6	3	0	24	404	12	1	2	6	5	9	10	3
Spaghetti Joe	9"	Gluten Free	Slice	120	34	4	2	0	16	383	16	1	2	4	4	2	6	2
Vegetarian	9"	Gluten Free	Slice	105	37	4	2	0	19	353	13	1	2	5	6	12	11	3
Mexican Pizzas																		
Chicken Taco	9"	Gluten Free	Slice	117	37	4	2	0	23	434	14	1	2	6	5	6	9	2
Fajita	9"	Gluten Free	Slice	112	36	4	2	0	24	455	13	1	2	6	4	5	11	4
Matador	9"	Gluten Free	Slice	113	46	5	2	0	21	393	12	1	1	5	5	3	9	3
Nacho Joe	9"	Gluten Free	Slice	135	134	15	5	0	22	452	14	4	2	5	5	5	10	2
Taco Joe	9"	Gluten Free	Slice	130	52	6	2	0	21	413	14	1	2	5	6	6	9	3
Taco Supreme	9"	Gluten Free	Slice	125	56	6	4	0	22	425	13	1	2	7	6	5	10	3
Single Topping Pizzas																		
Bacon Pieces	9"	Gluten Free	Slice	114	71	8	3	0	24	476	11	1	2	7	4	2	10	2
Beef	9"	Gluten Free	Slice	119	49	5	2	0	22	450	12	1	2	6	4	3	11	3
Black Olives	9"	Gluten Free	Slice	105	42	5	2	0	19	365	12	1	2	4	5	3	11	4
Canadian Bacon	9"	Gluten Free	Slice	111	42	5	2	0	27	400	12	1	2	6	4	3	10	2
Cheese	9"	Gluten Free	Slice	113	46	5	2	0	23	315	11	1	2	5	5	3	13	2
Chicken	9"	Gluten Free	Slice	108	36	4	2	0	24	388	12	1	2	6	4	3	10	2
Extra Cheese	9"	Gluten Free	Slice	129	58	6	3	0	27	361	11	1	2	7	6	3	16	2
Fire-Roasted Vegetables	9"	Gluten Free	Slice	102	37	4	2	0	19	297	12	1	2	4	5	5	13	5
Green Olives	9"	Gluten Free	Slice	108	45	5	2	0	19	363	12	1	2	4	5	3	11	4
Green Pepper	9"	Gluten Free	Slice	99	35	4	2	0	19	270	12	1	2	4	6	18	10	2
Mushrooms	9"	Gluten Free	Slice	98	35	4	2	0	19	317	12	1	2	4	4	10	10	2

Gluten free slice

Slice of Happy Joe's Gluten Free Nutritional Information				Calories	Fat Calories	Total Fat g	Sat Fat g	Trans Fat g	Cholesterol mg	Sodium mg	Total Carbs g	Fiber g	Sugars g	Protein g	Vitamin A %	Vitamin C %	Calcium %	Iron %
Onion	9"	Gluten Free	Slice	100	35	4	2	0	19	270	12	1	2	4	4	4	10	2
Pepperoni 16sl oz	9"	Gluten Free	Slice	129	62	7	3	0	26	379	11	1	2	6	5	3	10	2
Pineapple	9"	Gluten Free	Slice	101	35	4	2	0	19	270	12	1	3	4	4	5	10	2
Salami	9"	Gluten Free	Slice	137	67	7	3	0	30	464	11	1	2	6	4	3	10	3
Sauerkraut	9"	Gluten Free	Slice	98	35	4	2	0	19	340	12	1	2	4	4	5	10	3
Sausage	9"	Gluten Free	Slice	126	58	6	3	0	23	380	12	1	2	6	5	3	11	3
Tomato	9"	Gluten Free	Slice	98	35	4	2	0	19	271	12	1	2	4	6	6	10	2

Original Slice

Slice of Happy Joe's Original Crust Pizza Nutritional Information				Calories	Fat Calories	Total Fat g	Sat Fat g	Trans Fat g	Cholesterol mg	Sodium mg	Total Carbs g	Fiber g	Sugars g	Protein g	Vitamin A %	Vitamin C %	Calcium %	Iron %
Specialty Pizzas	**Size**	Original	Slice															
BBQ	6"	Original	Slice	120	35	4	2	0	10	278	19	1	5	6	4	3	7	6
BBQ	9"	Original	Slice	127	39	4	2	0	11	318	19	1	5	7	5	4	8	7
BBQ	12"	Original	Slice	171	52	6	2	0	15	435	27	2	7	9	6	5	11	9
BBQ	15"	Original	Slice	197	60	7	3	1	17	512	31	2	8	10	7	6	13	10
BLT	6"	Original	Slice	141	72	8	2	0	16	275	16	1	4	7	7	5	8	7
BLT	9"	Original	Slice	140	66	7	2	0	15	257	16	1	3	7	7	5	9	7
BLT	12"	Original	Slice	193	96	11	3	0	22	371	21	2	5	10	9	8	11	9
BLT	15"	Original	Slice	227	121	13	4	1	28	466	25	2	6	12	11	9	14	11
Chicken Bacon Ranch	6"	Original	Slice	130	129	14	3	0	14	352	15	1	1	7	2	0	8	5
Chicken Bacon Ranch	9"	Original	Slice	131	119	13	3	0	15	334	15	1	1	7	2	0	9	5
Chicken Bacon Ranch	12"	Original	Slice	179	163	18	4	0	20	462	20	1	2	9	3	0	12	7
Chicken Bacon Ranch	15"	Original	Slice	210	163	18	5	1	24	524	23	1	2	11	3	0	14	8
Chicken Hot Wings	6"	Original	Slice	145	78	9	2	0	13	563	14	1	1	7	7	0	7	5
Chicken Hot Wings	9"	Original	Slice	144	73	8	2	0	13	520	14	1	1	7	7	0	7	5
Chicken Hot Wings	12"	Original	Slice	202	100	11	3	0	18	708	19	1	1	9	10	0	10	7
Chicken Hot Wings	15"	Original	Slice	220	100	11	3	0	20	703	22	1	2	11	10	0	11	8
Combo	6"	Original	Slice	148	54	6	2	0	14	262	16	1	2	7	5	11	9	7
Combo	9"	Original	Slice	157	60	7	3	0	16	297	16	1	2	7	5	9	10	7
Combo	12"	Original	Slice	212	83	9	4	1	22	396	21	2	2	10	6	10	14	9
Combo	15"	Original	Slice	254	103	11	5	1	27	501	25	2	3	12	7	13	16	11
Combo Plus	6"	Original	Slice	153	58	6	3	0	15	315	16	1	2	7	5	8	9	8
Combo Plus	9"	Original	Slice	162	64	7	3	0	18	321	16	1	2	8	5	7	11	7
Combo Plus	12"	Original	Slice	228	93	10	4	1	26	473	22	2	2	11	7	9	17	10
Combo Plus	15"	Original	Slice	265	109	12	5	1	30	590	25	2	3	13	8	14	17	12
Happy Joe's Special	6"	Original	Slice	137	42	5	2	0	17	302	16	1	2	5	2	1	8	2
Happy Joe's Special	9"	Original	Slice	139	44	5	2	0	17	306	16	1	2	7	4	4	9	7
Happy Joe's Special	12"	Original	Slice	200	66	7	3	0	28	516	22	2	3	11	6	7	14	10
Happy Joe's Special	15"	Original	Slice	223	73	8	3	1	29	534	25	2	3	12	7	7	15	11
Hawaiian	6"	Original	Slice	136	41	5	2	0	16	245	16	1	2	7	4	4	8	7
Hawaiian	9"	Original	Slice	140	44	5	2	0	17	260	16	1	2	7	4	4	9	7
Hawaiian	12"	Original	Slice	199	64	7	3	0	26	387	22	1	4	10	6	5	13	9
Hawaiian	15"	Original	Slice	220	70	8	3	1	26	393	25	2	4	11	7	6	15	10
Meatworks	6"	Original	Slice	156	61	7	3	0	16	303	15	1	2	7	4	3	9	7

Original Slice

Slice of Happy Joe's Original Crust Pizza Nutritional Information				Calories	Fat Calories	Total Fat g	Sat Fat g	Trans Fat g	Cholesterol mg	Sodium mg	Total Carbs g	Fiber g	Sugars g	Protein g	Vitamin A %	Vitamin C %	Calcium %	Iron %
Meatworks	9"	Original	Slice	174	74	8	3	0	20	386	15	1	2	9	5	3	10	7
Meatworks	12"	Original	Slice	224	91	10	4	1	25	455	21	1	2	11	6	3	14	9
Meatworks	15"	Original	Slice	290	129	14	6	1	35	685	24	2	3	15	7	4	16	12
Sandies Delight	6"	Original	Slice	142	49	5	2	0	12	256	16	1	2	7	5	9	9	7
Sandies Delight	9"	Original	Slice	151	57	6	3	0	15	285	16	1	2	7	5	9	10	7
Sandies Delight	12"	Original	Slice	208	79	9	4	1	21	392	21	2	2	10	7	13	14	9
Sandies Delight	15"	Original	Slice	238	90	10	4	1	23	449	24	2	3	11	8	13	16	11
Spaghetti Joe	6"	Original	Slice	141	36	4	2	0	7	239	18	1	2	5	4	1	5	6
Spaghetti Joe	9"	Original	Slice	149	37	4	2	0	7	264	20	1	2	6	4	2	6	7
Spaghetti Joe	12"	Original	Slice	214	59	7	3	0	12	384	27	2	3	9	6	3	10	9
Spaghetti Joe	15"	Original	Slice	272	78	9	4	1	16	509	33	2	3	11	9	4	14	11
Vegetarian	6"	Original	Slice	127	37	4	2	0	9	208	16	1	2	5	5	10	9	7
Vegetarian	9"	Original	Slice	135	41	5	2	0	10	234	17	2	2	6	6	12	10	8
Vegetarian	12"	Original	Slice	182	58	6	3	0	14	314	22	2	2	8	7	14	14	10
Vegetarian	15"	Original	Slice	210	66	7	3	1	16	369	25	2	3	9	9	20	16	11
Mexican Pizzas																		
Chicken Taco	6"	Original	Slice	146	39	4	2	0	12	304	18	1	2	7	5	6	7	7
Chicken Taco	9"	Original	Slice	146	41	5	2	0	14	315	18	1	2	7	5	6	8	7
Chicken Taco	12"	Original	Slice	194	50	6	2	0	18	414	25	2	3	10	6	8	9	9
Chicken Taco	15"	Original	Slice	234	67	7	3	1	21	467	29	2	3	12	8	9	12	10
Fajita	6"	Original	Slice	138	36	4	2	0	14	323	17	2	2	7	4	5	9	9
Fajita	9"	Original	Slice	141	40	4	2	0	15	336	17	2	2	8	4	5	10	9
Fajita	12"	Original	Slice	187	49	5	2	1	20	444	23	2	3	10	5	6	12	11
Fajita	15"	Original	Slice	206	54	6	3	1	21	453	25	2	3	11	5	6	13	12
Matador	6"	Original	Slice	138	45	5	2	0	10	270	16	2	2	6	5	3	7	7
Matador	9"	Original	Slice	142	50	6	2	0	12	274	16	2	2	6	5	3	8	7
Matador	12"	Original	Slice	192	67	7	3	1	15	383	22	2	2	9	6	4	9	10
Matador	15"	Original	Slice	229	82	9	4	1	19	467	25	2	2	10	8	4	12	12
Nacho Joe	6"	Original	Slice	162	134	15	5	0	11	315	18	5	2	6	4	5	8	6
Nacho Joe	9"	Original	Slice	165	137	15	5	0	13	333	17	5	2	7	5	5	9	7
Nacho Joe	12"	Original	Slice	223	180	20	7	0	16	437	24	6	2	9	7	7	11	9
Nacho Joe	15"	Original	Slice	271	217	24	8	1	21	526	28	7	3	11	8	8	14	11
Taco Joe	6"	Original	Slice	157	53	6	2	0	10	276	19	2	2	6	5	6	7	7

Original Slice

Slice of Happy Joe's Original Crust Pizza Nutritional Information				Calories	Fat Calories	Total Fat g	Sat Fat g	Trans Fat g	Cholesterol mg	Sodium mg	Total Carbs g	Fiber g	Sugars g	Protein g	Vitamin A %	Vitamin C %	Calcium %	Iron %
Taco Joe	9"	Original	Slice	159	56	6	2	0	12	294	18	2	2	7	6	6	8	7
Taco Joe	12"	Original	Slice	216	76	8	3	1	15	387	25	2	3	9	8	8	10	10
Taco Joe	15"	Original	Slice	262	96	11	4	1	19	468	30	2	3	11	10	10	13	12
Taco Supreme	6"	Original	Slice	159	57	6	4	0	11	295	19	2	2	9	6	6	8	8
Taco Supreme	9"	Original	Slice	155	60	7	4	0	13	306	17	1	2	9	6	5	9	7
Taco Supreme	12"	Original	Slice	222	86	10	7	1	17	441	26	2	3	14	8	8	11	11
Taco Supreme	15"	Original	Slice	271	107	12	8	1	21	538	31	3	4	16	11	10	15	13
Taco Bottle 12.5 ounce	1		tbsp	10	0	0	0	0	0	125	2	0	2	0	2	2	0	0
Taco Packet (9gram)	1	packet		5	0	0	0	0	0	95	1	0	1	0	0	2	0	0
Single Topping Pizzas																		
Bacon Pieces	6"	Original	Slice	185	83	9	4	0	16	412	15	1	2	9	4	2	8	7
Bacon Pieces	9"	Original	Slice	173	75	8	3	0	15	357	15	1	2	9	4	2	9	6
Bacon Pieces	12"	Original	Slice	250	113	13	5	1	23	544	20	1	2	13	6	3	13	9
Bacon Pieces	15"	Original	Slice	290	131	15	6	1	26	638	23	2	3	15	7	4	15	10
Beef	6"	Original	Slice	144	49	5	2	0	12	317	16	1	2	7	4	3	9	7
Beef	9"	Original	Slice	148	53	6	2	0	13	331	16	1	2	7	4	3	10	7
Beef	12"	Original	Slice	211	78	9	4	1	19	502	21	2	2	11	6	3	14	10
Beef	15"	Original	Slice	243	90	10	4	1	22	588	24	2	3	12	7	4	16	11
Black Olives	6"	Original	Slice	130	42	5	2	0	9	232	16	1	2	5	5	3	9	8
Black Olives	9"	Original	Slice	134	45	5	2	0	10	246	16	1	2	6	5	3	10	8
Black Olives	12"	Original	Slice	188	66	7	3	0	14	366	21	2	2	8	7	4	15	11
Black Olives	15"	Original	Slice	212	73	8	3	1	16	390	24	2	2	9	8	4	17	12
Canadian Bacon	6"	Original	Slice	136	42	5	2	0	17	267	16	1	2	7	4	3	8	7
Canadian Bacon	9"	Original	Slice	140	45	5	2	0	18	281	15	1	2	7	4	3	9	7
Canadian Bacon	12"	Original	Slice	198	66	7	3	0	28	422	21	1	3	11	6	3	13	9
Canadian Bacon	15"	Original	Slice	227	75	8	4	1	32	493	24	2	3	12	7	4	15	10
Cheese	6"	Original	Slice	138	46	5	2	0	13	182	15	1	2	7	5	3	11	6
Cheese	9"	Original	Slice	142	50	6	2	0	14	196	15	1	2	7	5	3	12	6
Cheese	12"	Original	Slice	198	72	8	4	1	20	279	21	1	2	10	7	3	18	8
Cheese	15"	Original	Slice	223	80	9	4	1	22	310	24	2	2	11	8	4	20	9
Chicago Prime Sausage	6"	Original	Slice	163	66	7	3	0	15	302	16	1	2	7	4	3	9	7
Chicago Prime Sausage	9"	Original	Slice	157	62	7	3	0	15	275	16	1	2	7	4	3	10	7
Chicago Prime Sausage	12"	Original	Slice	224	92	10	4	0	22	412	21	2	3	10	6	3	15	9

Original Slice

Slice of Happy Joe's Original Crust Pizza Nutritional Information				Calories	Fat Calories	Total Fat g	Sat Fat g	Trans Fat g	Cholesterol mg	Sodium mg	Total Carbs g	Fiber g	Sugars g	Protein g	Vitamin A %	Vitamin C %	Calcium %	Iron %
Chicago Prime Sausage	15"	Original	Slice	258	106	12	5	1	25	481	25	2	3	12	7	4	17	11
Chicken	6"	Original	Slice	137	37	4	2	0	16	293	16	1	2	8	4	3	8	6
Chicken	9"	Original	Slice	138	40	4	2	0	15	269	15	1	2	8	4	3	9	6
Chicken	12"	Original	Slice	193	57	6	3	0	23	401	21	1	2	12	6	4	14	9
Chicken	15"	Original	Slice	222	65	7	3	1	27	468	24	2	3	13	7	4	15	10
Extra Cheese	6"	Original	Slice	223	88	10	4	1	26	345	21	1	2	12	9	3	23	8
Extra Cheese	9"	Original	Slice	159	61	7	3	0	18	242	15	1	2	8	6	3	16	6
Extra Cheese	12"	Original	Slice	223	88	10	4	1	26	345	21	1	2	12	9	3	23	8
Extra Cheese	15"	Original	Slice	248	97	11	5	1	28	379	24	2	2	13	9	4	25	9
Fire-Roasted Vegetables	6"	Original	Slice	127	37	4	2	0	9	164	16	1	2	5	5	5	11	9
Fire-Roasted Vegetables	9"	Original	Slice	132	41	5	2	0	10	178	16	1	2	6	5	5	12	9
Fire-Roasted Vegetables	12"	Original	Slice	184	59	7	3	0	14	257	22	2	3	8	7	7	18	13
Fire-Roasted Vegetables	15"	Original	Slice	208	66	7	3	1	16	286	25	2	3	9	8	8	19	14
Green Olives	6"	Original	Slice	133	45	5	2	0	9	229	16	1	2	5	5	3	9	8
Green Olives	9"	Original	Slice	138	49	5	2	0	10	244	16	1	2	6	5	3	10	8
Green Olives	12"	Original	Slice	193	71	8	3	0	14	361	21	2	2	8	7	3	15	11
Green Olives	15"	Original	Slice	218	78	9	3	1	16	385	25	2	2	9	8	4	17	12
Green Pepper	6"	Original	Slice	124	35	4	2	0	9	137	16	1	2	5	5	18	8	6
Green Pepper	9"	Original	Slice	128	39	4	2	0	10	151	16	1	2	6	6	18	9	6
Green Pepper	12"	Original	Slice	178	55	6	3	0	14	213	22	2	2	8	8	28	13	8
Green Pepper	15"	Original	Slice	203	63	7	3	1	16	244	25	2	3	9	9	28	15	9
Mushrooms	6"	Original	Slice	123	35	4	2	0	9	183	16	1	2	5	4	10	8	7
Mushrooms	9"	Original	Slice	128	39	4	2	0	10	198	15	1	2	6	4	10	9	7
Mushrooms	12"	Original	Slice	177	55	6	3	0	14	288	21	2	2	8	6	15	13	9
Mushrooms	15"	Original	Slice	203	63	7	13	1	16	334	24	2	2	9	7	17	15	10
Onion	6"	Original	Slice	125	35	4	2	0	9	137	16	1	2	5	4	4	8	6
Onion	9"	Original	Slice	129	39	4	2	0	10	151	16	1	2	6	4	4	9	6
Onion	12"	Original	Slice	180	55	6	3	0	14	213	22	2	3	8	6	5	14	8
Onion	15"	Original	Slice	205	63	7	3	1	16	245	25	2	3	9	7	6	15	9
Pepperoni 16sl oz	6"	Original	Slice	152	60	7	3	0	16	239	15	1	2	7	5	3	8	7
Pepperoni 16sl oz	9"	Original	Slice	158	65	7	3	0	17	260	15	1	2	7	5	3	9	7
Pepperoni 16sl oz	12"	Original	Slice	223	95	11	4	0	26	377	20	1	2	10	7	3	14	9
Pepperoni 16sl oz	15"	Original	Slice	248	104	12	5	1	28	409	23	2	2	11	8	4	15	10
Pineapple	6"	Original	Slice	126	35	4	2	0	9	136	17	1	3	5	4	5	8	6

Original Slice

Slice of Happy Joe's Original Crust Pizza Nutritional Information				Calories	Fat Calories	Total Fat g	Sat Fat g	Trans Fat g	Cholesterol mg	Sodium mg	Total Carbs g	Fiber g	Sugars g	Protein g	Vitamin A %	Vitamin C %	Calcium %	Iron %
Pineapple	9"	Original	Slice	131	39	4	2	0	10	151	16	1	3	6	4	5	9	6
Pineapple	12"	Original	Slice	182	55	6	3	0	14	213	23	2	4	8	6	7	13	8
Pineapple	15"	Original	Slice	207	63	7	3	1	16	244	26	2	4	9	7	7	15	9
Salami	6"	Original	Slice	176	77	9	3	0	23	395	15	1	2	8	4	3	8	7
Salami	9"	Original	Slice	167	70	8	3	0	21	345	15	1	2	8	4	3	9	7
Salami	12"	Original	Slice	240	106	12	5	0	32	524	21	1	2	12	6	3	14	10
Salami	15"	Original	Slice	277	123	14	5	1	37	614	24	2	2	13	7	4	15	11
Sauerkraut	6"	Original	Slice	123	35	4	2	0	9	207	16	1	2	5	4	5	8	7
Sauerkraut	9"	Original	Slice	127	39	4	2	0	10	221	15	1	2	6	4	5	10	7
Sauerkraut	12"	Original	Slice	177	55	6	3	0	14	325	21	2	2	8	6	7	14	9
Sauerkraut	15"	Original	Slice	202	63	7	3	1	16	351	24	2	3	9	7	8	16	10
Sausage	6"	Original	Slice	151	58	6	3	0	13	247	16	1	2	7	4	3	9	7
Sausage	9"	Original	Slice	155	62	7	3	0	14	261	15	1	2	7	4	3	10	7
Sausage	12"	Original	Slice	222	92	10	4	0	21	389	21	2	2	10	6	3	15	10
Sausage	15"	Original	Slice	255	106	12	5	1	25	451	24	2	2	12	7	4	17	11
Tomato	6"	Original	Slice	123	35	4	2	0	9	137	16	1	2	5	5	6	8	6
Tomato	9"	Original	Slice	128	39	4	2	0	10	152	16	1	2	6	6	6	9	6
Tomato	12"	Original	Slice	177	56	6	3	0	14	215	21	2	2	8	8	9	13	8
Tomato	15"	Original	Slice	202	63	7	3	1	16	246	24	2	3	9	9	9	15	9

Slice of Happy Joe's Pan Pizza Nutritional Information

Specialty Pizzas	Size	Pan	Slice	Calories	Fat Calories	Total Fat g	Sat Fat g	Trans Fat g	Cholesterol mg	Sodium mg	Total Carbs g	Fiber g	Sugars g	Protein g	Vitamin A %	Vitamin C %	Calcium %	Iron %
BBQ	6"	Pan	Slice	169	73	8	2	1	10	283	21	1	5	6	4	6	7	7
BBQ	9"	Pan	Slice	167	76	8	2	1	11	308	20	1	5	6	5	6	8	7
BBQ	12"	Pan	Slice	238	111	12	3	1	15	444	29	2	8	9	7	9	11	10
BBQ	15"	Pan	Slice	264	121	13	4	1	17	487	32	2	8	10	8	9	13	11
BLT	6"	Pan	Slice	186	110	12	3	1	16	261	17	1	3	7	6	6	8	7
BLT	9"	Pan	Slice	180	103	11	3	1	15	249	16	1	3	7	7	7	9	7
BLT	12"	Pan	Slice	256	154	17	4	1	22	352	22	2	4	10	8	9	12	9
BLT	15"	Pan	Slice	301	193	21	6	1	29	391	26	2	6	11	11	11	14	11
Chicken Bacon Ranch	6"	Pan	Slice	179	167	19	4	1	14	342	17	1	1	7	2	3	8	6
Chicken Bacon Ranch	9"	Pan	Slice	171	156	17	4	1	15	324	15	1	1	1	2	2	9	5
Chicken Bacon Ranch	12"	Pan	Slice	246	222	25	5	1	20	448	22	1	2	9	3	3	12	8
Chicken Bacon Ranch	15"	Pan	Slice	280	226	25	6	1	24	508	24	1	2	11	4	4	14	9
Chicken Hot Wings	6"	Pan	Slice	194	117	13	3	1	13	553	17	1	1	7	8	3	7	6
Chicken Hot Wings	9"	Pan	Slice	185	110	12	3	0	13	510	15	1	1	7	7	2	7	5
Chicken Hot Wings	12"	Pan	Slice	269	159	18	4	1	18	691	21	1	1	9	10	3	10	8
Chicken Hot Wings	15"	Pan	Slice	290	163	18	4	1	20	687	23	1	1	10	10	4	11	9
Combo	6"	Pan	Slice	200	96	11	3	1	15	264	18	1	2	7	5	12	10	7
Combo	9"	Pan	Slice	202	101	11	4	1	17	306	16	1	2	8	5	10	11	7
Combo	12"	Pan	Slice	291	150	17	5	1	24	422	23	2	2	11	8	13	17	10
Combo	15"	Pan	Slice	333	172	19	6	1	26	519	26	2	2	12	8	16	19	11
Combo Plus	6"	Pan	Slice	198	96	11	3	1	15	293	17	1	1	7	4	8	9	7
Combo Plus	9"	Pan	Slice	207	105	12	4	1	19	329	16	1	2	8	6	8	13	7
Combo Plus	12"	Pan	Slice	306	159	18	6	1	29	497	23	2	2	12	8	12	19	10
Combo Plus	15"	Pan	Slice	344	178	20	6	1	33	576	26	2	2	14	10	14	22	12
Happy Joe's Special	6"	Pan	Slice	188	84	9	3	1	19	304	17	1	2	7	4	5	10	7
Happy Joe's Special	9"	Pan	Slice	184	85	9	3	1	18	315	16	1	2	7	5	6	11	7
Happy Joe's Special	12"	Pan	Slice	278	133	15	4	1	31	539	23	2	3	12	7	9	16	10
Happy Joe's Special	15"	Pan	Slice	302	143	16	5	1	32	551	26	2	3	12	8	10	18	11
Hawaiian	6"	Pan	Slice	187	83	9	3	1	17	247	18	1	2	7	4	5	9	7
Hawaiian	9"	Pan	Slice	186	85	9	3	1	18	268	17	1	2	7	5	5	11	6
Hawaiian	12"	Pan	Slice	277	131	15	4	1	28	411	24	2	3	11	7	8	16	9
Hawaiian	15"	Pan	Slice	306	143	16	5	1	32	458	27	2	4	12	8	9	18	10
Meatworks	6"	Pan	Slice	190	96	11	3	0	17	314	15	1	1	8	4	1	10	6

Slice of Happy Joe's Pan Pizza Nutritional Information				Calories	Fat Calories	Total Fat g	Sat Fat g	Trans Fat g	Cholesterol mg	Sodium mg	Total Carbs g	Fiber g	Sugars g	Protein g	Vitamin A %	Vitamin C %	Calcium %	Iron %
Meatworks	9"	Pan	Slice	212	109	12	4	1	20	362	16	1	2	8	5	4	11	7
Meatworks	12"	Pan	Slice	302	158	18	5	1	27	478	23	2	2	12	7	6	17	10
Meatworks	15"	Pan	Slice	386	199	22	7	1	37	699	25	2	2	15	8	7	19	12
Sandies Delight	6"	Pan	Slice	193	92	10	3	1	14	258	17	1	1	7	4	10	10	7
Sandies Delight	9"	Pan	Slice	196	97	11	3	1	16	294	16	1	1	7	5	10	11	7
Sandies Delight	12"	Pan	Slice	287	146	16	5	1	23	415	23	2	2	11	8	15	17	10
Sandies Delight	15"	Pan	Slice	316	160	18	6	1	26	463	26	2	2	12	9	15	18	11
Spaghetti Joe	6"	Pan	Slice	179	67	7	2	0	5	144	20	1	1	5	4	4	5	6
Spaghetti Joe	9"	Pan	Slice	177	67	7	2	0	5	156	20	1	1	5	4	4	5	6
Spaghetti Joe	12"	Pan	Slice	290	133	15	3	1	10	250	28	2	2	7	7	6	9	9
Spaghetti Joe	15"	Pan	Slice	324	130	14	4	1	14	356	34	2	3	10	9	7	13	10
Vegetarian	6"	Pan	Slice	178	80	9	2	1	10	209	18	2	1	6	5	11	10	7
Vegetarian	9"	Pan	Slice	176	81	9	3	1	11	234	17	1	2	6	6	12	11	7
Vegetarian	12"	Pan	Slice	261	125	14	4	1	17	338	24	2	2	9	8	17	17	10
Vegetarian	15"	Pan	Slice	288	136	15	4	1	19	383	27	2	3	10	10	22	18	11
Mexican Pizzas																		
Chicken Taco	6"	Pan	Slice	194	77	9	2	1	12	295	21	2	2	7	5	9	7	7
Chicken Taco	9"	Pan	Slice	186	78	9	2	1	14	305	19	1	2	7	5	8	8	7
Chicken Taco	12"	Pan	Slice	261	109	12	3	1	18	400	27	2	3	10	7	11	9	9
Chicken Taco	15"	Pan	Slice	304	130	14	4	1	21	451	31	2	3	11	9	13	12	10
Fajita	6"	Pan	Slice	216	105	12	3	1	17	357	19	2	2	7	4	6	9	9
Fajita	9"	Pan	Slice	212	108	12	3	1	18	373	17	2	2	8	4	6	10	9
Fajita	12"	Pan	Slice	283	138	15	4	1	23	475	24	2	2	10	5	8	12	12
Fajita	15"	Pan	Slice	305	148	16	4	1	24	481	26	2	2	11	6	8	13	12
Matador	6"	Pan	Slice	187	84	9	3	1	10	201	19	2	1	6	4	9	7	7
Matador	9"	Pan	Slice	183	87	10	3	1	12	219	17	2	1	6	4	7	8	7
Matador	12"	Pan	Slice	259	125	14	4	1	15	298	24	2	2	8	6	11	9	10
Matador	15"	Pan	Slice	298	145	16	5	1	19	367	26	3	2	10	7	12	12	11
Nacho Joe	6"	Pan	Slice	211	173	19	6	1	11	305	20	5	2	6	5	7	8	7
Nacho Joe	9"	Pan	Slice	205	174	19	6	1	13	323	18	5	2	7	5	7	9	7
Nacho Joe	12"	Pan	Slice	291	239	27	8	1	16	423	26	6	2	9	7	10	11	10
Nacho Joe	15"	Pan	Slice	341	280	31	9	1	21	511	30	7	2	11	9	11	14	11
Taco Joe	6"	Pan	Slice	206	92	10	3	1	10	266	21	2	2	6	7	9	8	8

Slice of Happy Joe's Pan Pizza Nutritional Information				Calories	Fat Calories	Total Fat g	Sat Fat g	Trans Fat g	Cholesterol mg	Sodium mg	Total Carbs g	Fiber g	Sugars g	Protein g	Vitamin A %	Vitamin C %	Calcium %	Iron %
Taco Joe	9"	Pan	Slice	199	93	10	3	1	12	284	19	2	2	7	6	8	8	7
Taco Joe	12"	Pan	Slice	283	135	15	4	1	15	373	27	2	3	9	8	11	10	11
Taco Joe	15"	Pan	Slice	332	159	18	5	1	19	453	31	3	3	11	10	13	13	12
Taco Supreme	6"	Pan	Slice	210	98	11	5	1	12	277	21	2	2	9	6	8	8	8
Taco Supreme	9"	Pan	Slice	204	98	11	5	1	13	319	20	2	2	9	7	9	9	8
Taco Supreme	12"	Pan	Slice	290	145	16	8	1	17	430	28	3	3	14	9	12	11	12
Taco Supreme	15"	Pan	Slice	341	170	19	9	1	21	522	32	3	3	16	11	14	15	13
Single Topping Pizzas																		
Bacon Pieces	6"	Pan	Slice	231	121	13	4	1	16	400	17	1	1	9	4	4	9	7
Bacon Pieces	9"	Pan	Slice	218	115	13	4	1	16	365	16	1	1	9	5	4	11	6
Bacon Pieces	12"	Pan	Slice	329	179	20	6	1	25	569	22	2	2	14	7	6	16	9
Bacon Pieces	15"	Pan	Slice	369	201	22	7	1	29	655	25	2	2	16	8	6	18	10
Beef	6"	Pan	Slice	195	92	10	3	1	13	319	17	1	1	7	4	4	10	7
Beef	9"	Pan	Slice	193	94	10	3	1	15	338	16	1	1	8	5	4	11	7
Beef	12"	Pan	Slice	289	145	16	5	1	22	525	23	2	2	12	7	6	17	10
Beef	15"	Pan	Slice	321	160	18	6	1	25	603	26	2	2	13	8	6	19	11
Black Olives	6"	Pan	Slice	181	84	9	3	1	10	234	17	1	1	6	5	4	10	8
Black Olives	9"	Pan	Slice	178	86	10	3	1	11	252	16	1	1	6	5	4	12	8
Black Olives	12"	Pan	Slice	266	132	15	4	1	17	389	23	2	2	9	8	6	18	11
Black Olives	15"	Pan	Slice	290	142	16	5	1	19	404	26	2	2	10	9	7	19	12
Canadian Bacon	6"	Pan	Slice	181	80	9	2	1	17	253	17	1	1	7	4	4	8	6
Canadian Bacon	9"	Pan	Slice	176	81	9	3	0	20	300	15	1	2	8	5	2	11	6
Canadian Bacon	12"	Pan	Slice	230	110	12	4	1	26	371	19	1	2	10	6	5	13	8
Canadian Bacon	15"	Pan	Slice	305	145	16	5	1	35	507	25	2	3	13	8	6	17	10
Cheese	6"	Pan	Slice	189	89	10	3	1	14	184	17	1	1	7	5	4	13	6
Cheese	9"	Pan	Slice	187	91	10	3	1	15	205	16	1	1	7	6	4	14	6
Cheese	12"	Pan	Slice	230	115	13	4	1	19	252	19	1	2	9	7	5	17	7
Cheese	15"	Pan	Slice	302	150	17	5	1	25	327	25	2	2	11	9	6	22	6
Chicago Prime Sausage	6"	Pan	Slice	214	108	12	1	2	16	304	18	1	2	8	4	4	10	7
Chicago Prime Sausage	9"	Pan	Slice	201	102	11	4	1	16	281	16	1	2	7	5	4	11	6
Chicago Prime Sausage	12"	Pan	Slice	302	158	18	5	1	25	435	23	2	2	11	7	6	17	10
Chicago Prime Sausage	15"	Pan	Slice	328	168	19	6	1	28	521	26	2	4	13	9	6	18	11
Chicken	6"	Pan	Slice	188	79	9	2	1	17	295	17	1	1	9	4	4	10	6

Slice of Happy Joe's Pan Pizza Nutritional Information				Calories	Fat Calories	Total Fat g	Sat Fat g	Trans Fat g	Cholesterol mg	Sodium mg	Total Carbs g	Fiber g	Sugars g	Protein g	Vitamin A %	Vitamin C %	Calcium %	Iron %
Chicken	9"	Pan	Slice	182	81	9	3	1	17	275	16	1	1	8	5	4	11	6
Chicken	12"	Pan	Slice	271	124	14	4	1	26	425	23	2	2	12	7	6	16	9
Chicken	15"	Pan	Slice	300	135	15	4	1	29	483	26	2	2	14	8	7	18	10
Extra Cheese	6"	Pan	Slice	205	100	11	4	1	18	229	17	1	1	8	6	4	16	6
Extra Cheese	9"	Pan	Slice	203	102	11	4	1	19	248	16	1	1	8	6	4	17	6
Extra Cheese	12"	Pan	Slice	301	155	17	6	1	28	369	23	2	2	12	10	6	25	8
Extra Cheese	15"	Pan	Slice	321	162	18	6	1	29	377	25	2	2	13	10	6	26	9
Fire-Roasted Vegetables	6"	Pan	Slice	180	80	9	2	1	10	175	18	2	2	6	5	7	13	10
Fire-Roasted Vegetables	9"	Pan	Slice	177	82	9	3	1	11	187	17	1	2	6	5	7	13	9
Fire-Roasted Vegetables	12"	Pan	Slice	258	124	14	4	1	17	266	23	2	2	9	8	8	19	12
Fire-Roasted Vegetables	15"	Pan	Slice	286	136	15	4	1	19	300	26	2	3	10	9	10	21	14
Green Olives	6"	Pan	Slice	184	87	10	3	1	10	231	17	2	1	6	5	4	10	8
Green Olives	9"	Pan	Slice	182	90	10	3	1	11	250	16	1	1	6	5	4	12	8
Green Olives	12"	Pan	Slice	271	138	15	4	1	17	385	23	2	2	9	8	6	17	11
Green Olives	15"	Pan	Slice	298	148	16	5	1	19	400	26	2	2	10	9	7	19	12
Green Pepper	6"	Pan	Slice	175	77	9	2	1	10	138	17	1	1	6	5	20	9	6
Green Pepper	9"	Pan	Slice	173	80	9	3	1	11	157	16	1	1	6	6	20	11	6
Green Pepper	12"	Pan	Slice	256	122	14	4	1	17	237	23	2	2	9	9	31	16	9
Green Pepper	15"	Pan	Slice	281	133	15	4	1	19	259	26	2	2	10	10	31	18	9
Mushrooms	6"	Pan	Slice	169	73	8	2	1	9	169	17	1	1	5	4	11	8	6
Mushrooms	9"	Pan	Slice	173	79	9	3	1	11	206	16	1	1	6	5	11	11	6
Mushrooms	12"	Pan	Slice	213	101	11	3	1	14	260	19	2	1	7	6	14	13	8
Mushrooms	15"	Pan	Slice	281	132	15	4	1	19	348	25	2	2	10	8	20	17	10
Onion	6"	Pan	Slice	176	77	9	2	1	10	139	18	1	2	6	4	5	10	6
Onion	9"	Pan	Slice	174	80	9	3	1	11	157	16	1	2	6	5	5	11	6
Onion	12"	Pan	Slice	258	122	14	4	1	17	237	24	2	3	9	7	8	16	8
Onion	15"	Pan	Slice	283	133	15	4	1	19	259	26	2	3	10	8	8	18	9
Pepperoni	6"	Pan	Slice	197	98	11	3	1	16	225	17	1	1	7	4	4	9	6
Pepperoni	9"	Pan	Slice	203	106	12	4	1	19	268	16	1	1	7	6	4	11	6
Pepperoni	12"	Pan	Slice	251	135	15	5	1	24	334	19	1	2	9	7	5	14	8
Pepperoni	15"	Pan	Slice	327	173	19	6	1	30	426	25	2	2	12	9	6	18	10
Pineapple	6"	Pan	Slice	177	77	9	2	1	10	138	18	1	2	6	4	6	10	6
Pineapple	9"	Pan	Slice	175	79	9	3	1	11	157	17	1	2	6	5	6	11	6
Pineapple	12"	Pan	Slice	260	122	14	4	1	17	237	24	2	4	9	7	9	16	8

Slice of Happy Joe's Pan Pizza Nutritional Information				Calories	Fat Calories	Total Fat g	Sat Fat g	Trans Fat g	Cholesterol mg	Sodium mg	Total Carbs g	Fiber g	Sugars g	Protein g	Vitamin A %	Vitamin C %	Calcium %	Iron %
Pineapple	15"	Pan	Slice	285	132	15	4	1	19	259	27	2	4	10	8	10	18	9
Salami	6"	Pan	Slice	196	88	10	4	1	25	397	17	1	1	9	4	4	10	7
Salami	9"	Pan	Slice	211	111	12	4	1	22	351	16	1	1	8	5	4	11	7
Salami	12"	Pan	Slice	318	173	19	6	1	35	547	22	2	2	12	7	6	16	10
Salami	15"	Pan	Slice	352	193	21	7	1	39	619	24	2	2	14	7	5	18	11
Sauerkraut	6"	Pan	Slice	174	77	9	2	1	10	208	17	1	1	6	4	6	10	7
Sauerkraut	9"	Pan	Slice	172	80	9	3	1	11	227	16	1	1	6	5	7	11	6
Sauerkraut	12"	Pan	Slice	255	122	14	4	1	17	349	23	2	2	9	7	10	16	9
Sauerkraut	15"	Pan	Slice	277	132	15	4	1	19	356	25	2	2	10	7	9	18	10
Sausage	6"	Pan	Slice	196	96	11	3	1	13	232	17	1	1	7	4	4	9	7
Sausage	9"	Pan	Slice	201	102	11	4	1	16	269	16	1	1	7	5	4	12	7
Sausage	12"	Pan	Slice	250	132	15	4	1	20	344	19	2	2	9	6	5	15	8
Sausage	15"	Pan	Slice	334	176	20	6	1	27	468	25	2	2	12	8	7	19	11
Tomato	6"	Pan	Slice	174	78	9	2	1	10	139	17	1	1	6	5	7	9	6
Tomato	9"	Pan	Slice	172	80	9	3	1	11	158	16	1	2	6	6	7	11	6
Tomato	12"	Pan	Slice	255	122	14	4	1	17	238	23	2	2	9	9	11	16	9
Tomato	15"	Pan	Slice	280	133	15	4	1	19	260	26	2	2	10	10	12	18	9

Slice of Happy Joe's Multi-Grain Pizza Nutritional Information

Specialty Pizzas	Size	MultiGrain	Slice	Calories	Fat Calories	Total Fat g	Sat Fat g	Trans Fat g	Cholesterol mg	Sodium mg	Total Carbs g	Fiber g	Sugars g	Protein g	Vitamin A %	Vitamin C %	Calcium %	Iron %
BBQ	6"	MultiGrain	Slice	281	60	7	3	0	10	666	47	4	6	10	4	9	8	16
BBQ	9"	MultiGrain	Slice	229	56	6	3	0	11	605	38	3	6	9	5	8	9	13
BBQ	12"	MultiGrain	Slice	258	67	7	3	0	15	736	42	4	8	11	6	10	12	14
BBQ	15"	MultiGrain	Slice	256	72	8	3	0	17	787	41	3	9	12	7	10	14	14
BLT	6"	MultiGrain	Slice	298	97	11	4	0	16	658	44	4	4	11	6	9	9	16
BLT	9"	MultiGrain	Slice	242	83	9	3	0	16	546	34	3	4	10	6	9	10	13
BLT	12"	MultiGrain	Slice	280	111	12	4	0	22	677	37	3	5	12	9	12	13	14
BLT	15"	MultiGrain	Slice	285	133	15	5	0	28	744	35	3	6	13	11	12	15	14
Chicken Bacon Ranch	6"	MultiGrain	Slice	291	154	17	5	0	14	739	44	4	3	11	2	6	9	15
Chicken Bacon Ranch	9"	MultiGrain	Slice	234	136	15	4	0	15	621	33	3	2	10	2	4	10	11
Chicken Bacon Ranch	12"	MultiGrain	Slice	275	180	20	5	0	20	786	36	3	2	12	4	5	12	12
Chicken Bacon Ranch	15"	MultiGrain	Slice	270	175	19	5	0	24	799	33	3	2	13	3	4	14	12
Chicken Hot Wings	6"	MultiGrain	Slice	306	104	12	3	0	13	951	43	4	2	11	7	6	8	15
Chicken Hot Wings	9"	MultiGrain	Slice	247	90	10	3	0	13	807	33	3	2	10	7	4	8	11
Chicken Hot Wings	12"	MultiGrain	Slice	289	116	13	4	0	18	1005	35	3	2	11	10	5	10	12
Chicken Hot Wings	15"	MultiGrain	Slice	280	112	12	4	0	20	978	33	3	2	12	10	5	11	12
Combo	6"	MultiGrain	Slice	306	79	9	4	0	14	645	44	4	3	11	4	15	10	16
Combo	9"	MultiGrain	Slice	258	77	9	4	0	16	587	34	3	2	10	5	12	11	13
Combo	12"	MultiGrain	Slice	297	99	11	5	0	22	694	36	3	2	12	6	14	15	14
Combo	15"	MultiGrain	Slice	313	115	13	5	0	27	782	35	4	3	13	8	17	17	14
Combo Plus	6"	MultiGrain	Slice	311	83	9	4	0	15	699	44	4	3	11	4	12	10	17
Combo Plus	9"	MultiGrain	Slice	264	81	9	4	0	18	610	34	3	2	11	5	10	12	13
Combo Plus	12"	MultiGrain	Slice	312	108	12	5	0	26	769	36	4	2	13	6	12	18	15
Combo Plus	15"	MultiGrain	Slice	323	120	13	5	0	30	867	35	4	3	14	8	17	18	15
Happy Joe's Special	6"	MultiGrain	Slice	294	67	7	3	0	17	685	44	4	3	11	3	8	10	16
Happy Joe's Special	9"	MultiGrain	Slice	241	61	7	3	0	17	596	34	3	3	10	4	8	11	13
Happy Joe's Special	12"	MultiGrain	Slice	287	82	9	4	0	28	822	37	4	3	13	6	11	15	15
Happy Joe's Special	15"	MultiGrain	Slice	280	84	9	4	0	28	803	35	4	3	13	7	11	17	14
Hawaiian	6"	MultiGrain	Slice	293	66	7	3	0	16	628	44	4	3	11	3	8	9	16
Hawaiian	9"	MultiGrain	Slice	242	61	7	3	0	17	549	34	3	3	10	4	7	10	12
Hawaiian	12"	MultiGrain	Slice	286	80	9	4	0	26	693	38	3	4	13	6	9	15	14
Hawaiian	15"	MultiGrain	Slice	278	82	9	4	0	26	671	35	3	4	12	7	9	16	13
Meatworks	6"	MultiGrain	Slice	313	86	10	4	0	16	686	44	4	2	12	3	7	10	16

Slice of Happy Joe's Multi-Grain Pizza Nutritional Information				Calories	Fat Calories	Total Fat g	Sat Fat g	Trans Fat g	Cholesterol mg	Sodium mg	Total Carbs g	Fiber g	Sugars g	Protein g	Vitamin A %	Vitamin C %	Calcium %	Iron %
Meatworks	9"	MultiGrain	Slice	275	91	10	4	0	20	676	34	3	2	11	4	6	11	13
Meatworks	12"	MultiGrain	Slice	311	107	12	5	0	25	761	36	3	3	13	6	7	15	14
Meatworks	15"	MultiGrain	Slice	348	141	16	6	0	35	963	34	3	3	16	7	7	17	15
Sandies Delight	6"	MultiGrain	Slice	300	75	8	3	0	12	639	44	4	2	11	4	13	10	16
Sandies Delight	9"	MultiGrain	Slice	253	73	8	3	0	15	575	34	3	2	10	5	12	11	13
Sandies Delight	12"	MultiGrain	Slice	295	95	11	4	0	21	698	37	4	3	12	7	17	15	14
Sandies Delight	15"	MultiGrain	Slice	296	102	11	5	0	23	726	35	3	3	13	8	16	17	14
Spaghetti Joe	6"	MultiGrain	Slice	298	59	7	3	0	7	595	47	4	3	10	3	7	7	16
Spaghetti Joe	9"	MultiGrain	Slice	240	47	5	2	0	5	461	38	3	2	8	4	6	6	12
Spaghetti Joe	12"	MultiGrain	Slice	301	74	8	3	0	12	685	42	4	3	11	6	7	10	14
Spaghetti Joe	15"	MultiGrain	Slice	331	90	10	4	0	16	784	44	4	3	12	9	8	14	14
Vegetarian	6"	MultiGrain	Slice	284	63	7	3	0	9	591	44	4	3	10	4	14	10	16
Vegetarian	9"	MultiGrain	Slice	233	57	6	3	0	10	515	34	3	2	9	5	14	11	13
Vegetarian	12"	MultiGrain	Slice	269	74	8	3	0	15	621	37	4	3	10	7	18	15	15
Vegetarian	15"	MultiGrain	Slice	268	78	9	4	0	16	647	36	4	3	11	9	23	17	14
Mexican Pizzas																		
Chicken Taco	6"	Multigrain	Slice	306	64	7	3	0	13	692	48	4	3	11	5	12	8	16
Chicken Taco	9"	Multigrain	Slice	249	58	6	3	0	14	602	36	3	3	10	5	11	8	13
Chicken Taco	12"	Multigrain	Slice	281	66	7	3	0	18	715	40	4	3	12	6	13	9	14
Chicken Taco	15"	Multigrain	Slice	294	79	9	4	0	21	742	40	4	3	13	8	14	13	14
Fajita	6"	Multigrain	Slice	299	61	7	3	0	14	711	46	5	3	12	4	11	10	18
Fajita	9"	Multigrain	Slice	244	57	6	3	0	15	623	35	4	3	10	4	9	11	14
Fajita	12"	Multigrain	Slice	274	64	7	3	0	20	746	39	4	3	13	5	11	12	16
Fajita	15"	Multigrain	Slice	265	66	7	3	0	21	728	36	4	3	13	5	10	13	15
Matador	6"	Multigrain	Slice	299	71	8	3	0	10	657	45	5	3	10	5	9	8	17
Matador	9"	Multigrain	Slice	245	67	7	3	0	12	561	34	4	2	9	5	7	9	13
Matador	12"	Multigrain	Slice	279	82	9	4	0	15	684	37	4	3	11	6	8	10	15
Matador	15"	Multigrain	Slice	288	95	11	4	0	19	742	36	4	3	12	8	8	13	15
Nacho Joe	6"	Multigrain	Slice	323	160	18	6	0	12	702	47	8	3	11	4	10	9	16
Nacho Joe	9"	Multigrain	Slice	267	154	17	6	0	13	620	36	7	2	9	5	9	10	13
Nacho Joe	12"	Multigrain	Slice	311	196	22	8	0	16	738	40	8	3	11	7	11	11	14
Nacho Joe	15"	Multigrain	Slice	330	229	25	9	0	21	801	39	9	3	12	8	12	15	14
Taco Joe	6"	Multigrain	Slice	317	78	9	3	0	10	663	48	4	3	11	5	12	8	17

Slice of Happy Joe's Multi-Grain Pizza Nutritional Information				Calories	Fat Calories	Total Fat g	Sat Fat g	Trans Fat g	Cholesterol mg	Sodium mg	Total Carbs g	Fiber g	Sugars g	Protein g	Vitamin A %	Vitamin C %	Calcium %	Iron %
Taco Joe	9"	Multigrain	Slice	262	73	8	3	0	12	581	37	4	3	9	6	11	9	13
Taco Joe	12"	Multigrain	Slice	304	92	10	4	0	15	688	41	4	3	11	8	13	11	15
Taco Joe	15"	Multigrain	Slice	322	108	12	5	0	19	743	40	4	3	12	10	14	14	15
Taco Supreme	6"	Multigrain	Slice	320	82	9	5	0	11	682	48	5	3	13	6	12	9	17
Taco Supreme	9"	Multigrain	Slice	258	77	9	5	0	13	593	36	3	3	12	6	9	9	13
Taco Supreme	12"	Multigrain	Slice	309	101	11	8	0	17	742	41	4	3	16	8	13	11	16
Taco Supreme	15"	Multigrain	Slice	331	119	13	9	0	21	813	41	4	4	18	11	15	15	17
Single Topping Pizzas																		
Bacon Pieces	6"	Multigrain	Slice	345	108	12	5	0	16	800	44	4	3	14	4	8	9	16
Bacon Pieces	9"	Multigrain	Slice	276	92	10	4	0	15	644	33	3	2	12	4	7	10	12
Bacon Pieces	12"	Multigrain	Slice	338	128	14	6	0	23	845	36	3	3	15	6	7	14	14
Bacon Pieces	15"	Multigrain	Slice	349	143	16	6	0	26	918	34	3	3	16	7	7	16	13
Beef	6"	Multigrain	Slice	301	74	8	3	0	12	700	44	4	3	11	3	7	10	16
Beef	9"	Multigrain	Slice	250	70	8	3	0	13	621	34	3	2	10	4	6	11	13
Beef	12"	Multigrain	Slice	298	94	10	4	0	20	808	37	4	3	13	6	7	15	15
Beef	15"	Multigrain	Slice	301	102	11	5	0	23	866	35	3	3	14	7	7	17	14
Black Olives	6"	Multigrain	Slice	290	67	7	3	0	9	620	45	4	3	10	5	9	10	17
Black Olives	9"	Multigrain	Slice	237	62	7	3	0	10	533	34	3	2	9	5	7	11	14
Black Olives	12"	Multigrain	Slice	275	81	9	4	0	15	667	37	4	2	10	7	8	15	16
Black Olives	15"	Multigrain	Slice	270	85	9	4	0	16	667	35	4	2	11	8	8	18	15
Canadian Bacon	6"	Multigrain	Slice	293	67	7	3	0	17	650	44	4	3	11	3	7	9	16
Canadian Bacon	9"	Multigrain	Slice	242	62	7	3	0	18	571	34	3	3	10	4	6	10	12
Canadian Bacon	12"	Multigrain	Slice	285	81	9	4	0	28	728	37	3	3	13	6	7	14	14
Canadian Bacon	15"	Multigrain	Slice	285	87	10	4	0	32	771	34	3	3	14	7	7	16	13
Cheese	6"	Multigrain	Slice	295	71	8	3	0	13	565	44	4	2	11	4	7	13	15
Cheese	9"	Multigrain	Slice	244	67	7	3	0	14	486	33	3	2	10	5	6	14	12
Cheese	12"	Multigrain	Slice	285	87	10	4	0	20	585	36	3	2	12	7	7	19	13
Cheese	15"	Multigrain	Slice	282	92	10	5	0	22	590	34	3	2	12	8	7	21	12
Chicago Prime Sausage	6"	Multigrain	Slice	323	91	10	4	0	15	640	45	4	3	12	4	8	10	16
Chicago Prime Sausage	9"	Multigrain	Slice	259	79	9	4	0	15	562	34	3	3	10	4	7	11	13
Chicago Prime Sausage	12"	Multigrain	Slice	311	107	12	5	0	22	713	37	4	3	13	6	8	15	14
Chicago Prime Sausage	15"	Multigrain	Slice	316	118	13	5	0	25	759	35	4	3	13	7	8	18	14
Chicken	6"	Multigrain	Slice	298	62	7	3	0	16	681	45	4	3	13	4	9	9	16

Multigrain Slice

Slice of Happy Joe's Multi-Grain Pizza Nutritional Information				Calories	Fat Calories	Total Fat g	Sat Fat g	Trans Fat g	Cholesterol mg	Sodium mg	Total Carbs g	Fiber g	Sugars g	Protein g	Vitamin A %	Vitamin C %	Calcium %	Iron %
Chicken	9"	Multigrain	Slice	240	57	6	3	0	16	556	34	3	2	11	4	7	10	12
Chicken	12"	Multigrain	Slice	281	73	8	3	0	23	703	37	3	3	14	6	8	14	14
Chicken	15"	Multigrain	Slice	280	77	9	4	0	27	746	35	3	3	15	7	8	16	13
Extra Cheese	6"	Multigrain	Slice	315	83	9	4	0	17	615	44	4	3	12	6	8	16	16
Extra Cheese	9"	Multigrain	Slice	262	78	9	4	0	18	528	34	3	2	11	6	7	16	12
Extra Cheese	12"	Multigrain	Slice	310	104	12	5	0	26	647	36	3	2	14	9	8	23	13
Extra Cheese	15"	Multigrain	Slice	308	109	12	6	0	28	654	34	3	2	14	9	8	25	13
Fire-Roasted Vegetables	6"	Multigrain	Slice	288	63	7	3	0	9	552	45	4	3	10	5	11	12	19
Fire-Roasted Vegetables	9"	Multigrain	Slice	239	58	6	3	0	10	465	34	3	3	9	5	9	13	15
Fire-Roasted Vegetables	12"	Multigrain	Slice	271	74	8	3	0	15	558	38	4	3	10	7	12	18	18
Fire-Roasted Vegetables	15"	Multigrain	Slice	266	78	9	4	0	16	564	35	4	3	11	8	11	20	17
Green Olives	6"	Multigrain	Slice	294	71	8	3	0	9	617	45	3	4	10	5	8	10	17
Green Olives	9"	Multigrain	Slice	240	66	7	3	0	10	530	34	3	2	9	5	7	11	14
Green Olives	12"	Multigrain	Slice	281	87	10	4	0	15	663	37	4	2	10	7	8	15	16
Green Olives	15"	Multigrain	Slice	275	90	10	4	0	16	663	35	4	2	11	8	8	17	15
Green Pepper	6"	Multigrain	Slice	289	60	7	3	0	9	524	45	4	3	10	5	24	9	16
Green Pepper	9"	Multigrain	Slice	231	56	6	3	0	10	438	34	3	2	9	6	23	10	12
Green Pepper	12"	Multigrain	Slice	113	48	5	2	0	22	300	11	1	2	6	8	28	14	2
Green Pepper	15"	Multigrain	Slice	261	75	8	4	0	16	522	35	3	3	11	9	31	16	12
Mushrooms	6"	Multigrain	Slice	280	60	7	3	0	9	567	44	4	2	10	3	14	9	16
Mushrooms	9"	Multigrain	Slice	229	55	6	3	0	10	487	34	3	2	8	4	13	10	12
Mushrooms	12"	Multigrain	Slice	264	71	8	3	0	15	594	37	4	2	10	6	19	14	14
Mushrooms	15"	Multigrain	Slice	261	75	8	4	0	16	611	34	3	2	11	7	21	16	13
Onion	6"	Multigrain	Slice	286	60	7	3	0	9	524	45	4	3	10	4	9	9	15
Onion	9"	Multigrain	Slice	232	56	6	3	0	12	438	34	3	3	9	4	8	10	12
Onion	12"	Multigrain	Slice	115	48	5	2	0	22	300	11	1	2	6	6	5	14	2
Onion	15"	Multigrain	Slice	263	75	8	4	0	16	522	35	3	3	11	7	9	16	12
Pepperoni 16sl oz	6"	Multigrain	Slice	309	85	9	4	0	16	622	43	4	2	11	4	7	10	16
Pepperoni 16sl oz	9"	Multigrain	Slice	261	82	9	4	0	17	547	34	3	2	10	5	7	10	13
Pepperoni 16sl oz	12"	Multigrain	Slice	310	111	12	5	0	26	683	36	3	2	12	7	7	15	14
Pepperoni 16sl oz	15"	Multigrain	Slice	307	116	13	5	0	28	689	34	3	2	13	8	7	16	13
Pineapple	6"	Multigrain	Slice	287	60	7	3	0	9	524	45	4	4	10	4	10	9	15
Pineapple	9"	Multigrain	Slice	233	56	6	3	0	10	438	35	3	3	8	4	9	10	12
Pineapple	12"	Multigrain	Slice	270	71	8	3	0	15	514	38	3	4	10	6	11	14	13

Multigrain Slice

Slice of Happy Joe's Multi-Grain Pizza Nutritional Information				Calories	Fat Calories	Total Fat g	Sat Fat g	Trans Fat g	Cholesterol mg	Sodium mg	Total Carbs g	Fiber g	Sugars g	Protein g	Vitamin A %	Vitamin C %	Calcium %	Iron %
Pineapple	15"	Multigrain	Slice	265	75	8	4	0	16	522	36	3	4	11	7	11	16	12
Salami	6"	Multigrain	Slice	337	103	11	5	0	23	783	44	4	3	13	4	8	9	17
Salami	9"	Multigrain	Slice	269	87	10	4	0	21	632	34	3	2	11	4	7	10	13
Salami	12"	Multigrain	Slice	327	122	14	5	0	32	825	36	3	3	14	6	8	14	15
Salami	15"	Multigrain	Slice	335	135	15	6	0	37	892	34	3	3	15	7	7	16	14
Sauerkraut	6"	Multigrain	Slice	284	60	7	3	0	9	594	44	4	3	11	4	11	10	16
Sauerkraut	9"	Multigrain	Slice	230	56	6	3	0	10	508	34	3	2	9	4	9	10	13
Sauerkraut	12"	Multigrain	Slice	264	71	8	3	0	15	627	37	4	3	10	6	12	14	14
Sauerkraut	15"	Multigrain	Slice	260	75	8	4	0	16	629	34	4	3	11	7	11	17	13
Sausage	6"	Multigrain	Slice	308	83	9	4	0	13	630	44	4	2	11	3	7	10	16
Sausage	9"	Multigrain	Slice	257	78	9	4	0	14	551	34	3	2	10	4	7	11	13
Sausage	12"	Multigrain	Slice	309	107	12	5	0	21	696	37	4	3	13	6	8	16	15
Sausage	15"	Multigrain	Slice	314	118	13	5	0	25	732	34	4	3	13	7	8	18	14
Tomato	6"	Multigrain	Slice	284	61	7	3	0	9	525	44	4	3	10	5	12	9	16
Tomato	9"	Multigrain	Slice	230	56	6	3	0	10	439	34	3	2	9	6	10	10	12
Tomato	12"	Multigrain	Slice	265	71	8	3	0	15	516	37	4	3	10	8	13	14	13
Tomato	15"	Multigrain	Slice	260	75	8	4	0	16	523	35	3	3	11	9	12	16	12

Happy Joe's PASTA Nutritional Information		Calories	Fat Calories	Total Fat g	Sat Fat g	Trans Fat g	Cholesterol mg	Sodium mg	Total Carbs g	Fiber g	Sugars g	Protein g	Vitamin A %	Vitamin C %	Calcium %	Iron %
Pasta and Garlic tst.																
Combo Pasta		822	430	48	17	1	87	2232	64	6	9	35	40	47	55	20
Lasghetti Pasta		968	454	50	19	1	113	2403	87	7	14	43	54	21	83	22
Spaghetti Pasta		772	339	38	11	1	51	1929	81	7	13	28	35	22	22	21
Taco Pasta		908	431	48	17	1	80	2084	82	8	12	39	46	39	59	27
Taco Supreme Pasta		918	447	50	25	1	84	2160	84	8	12	49	47	40	61	29
garlic toast (2 pieces)		227	128	14	3	0	0	397	21	1	1	4	6	0	0	3
Pasta /garlic tst &																
Beef		835	431	48	18	1	84	2691	64	6	10	39	38	15	57	22
Canadian Bacon		792	390	43	16	1	112	2424	63	5	10	39	37	15	53	19
Pepperoni		852	470	52	19	1	99	2197	61	5	8	35	41	15	54	18
Sausage		873	477	53	19	1	90	2316	63	6	8	37	38	15	59	21

Happy Joe's SALAD Nutritional Information			Calories	Fat Calories	Total Fat g	Sat Fat g	Trans Fat g	Cholesterol mg	Sodium mg	Total Carbs g	Fiber g	Sugars g	Protein g	Vitamin A %	Vitamin C %	Calcium %	Iron %
Salads		**garlic toast**															
Caesar Salad	Full	yes	479	253	28	9	0	38	1159	34	6	2	17	7	2	39	9
	Half	yes	301	162	18	5	0	20	700	22	3	1	10	5	1	21	5
Caesar Chicken Salad	Full	yes	579	265	29	9	0	82	2111	38	6	3	35	7	4	41	13
	Half	yes	353	168	19	6	0	42	1181	24	3	2	19	5	2	22	7
Cobb Salad	Full	yes	1030	612	68	20	1	150	3483	45	8	8	55	21	27	38	18
	Half	yes	746	447	50	13	0	92	2189	41	5	6	31	12	17	21	13
Deluxe Taco Salad	Full	yes	406	246	27	38	1	55	1491	34	6	10	59	64	57	36	21
	Half	yes	226	132	15	19	0	27	816	20	3	6	30	34	34	19	11
Chicken Taco Salad	Full	yes	353	187	21	35	0	69	1616	33	4	10	61	53	57	33	15
	Half	yes	200	102	11	18	0	34	878	20	2	6	31	28	34	17	8
House w/french dressing		no	358	206	23	6	0	11	920	30	4	8	7	17	9	11	8

Happy Joe's Sandwich Nutritional Information			Calories	Fat Calories	Total Fat g	Sat Fat g	Trans Fat g	Cholesterol mg	Sodium mg	Total Carbs g	Fiber g	Sugars g	Protein g	Vitamin A %	Vitamin C %	Calcium %	Iron %
Sandwich																	
Chicken-Swiss Panini			849	428	48	13	0	89	3047	48	6	7	41	31	170	54	20
Italian Panini			858	511	57	17	0	82	2591	36	3	3	30	15	150	26	13
Turkey Bistro Panini			849	427	47	14	0	83	3380	44	5	5	44	30	168	53	16
Pizza Hero			856	480	53	16	1	80	3324	65	7	7	30	26	63	35	28
Meatball Hoagie			1099	602	67	22	3	137	4072	79	7	9	46	35	38	41	32
Hoagie			783	382	42	11	1	90	3379	62	5	6	40	26	53	37	17